

PROGRAMS

Service Canada: What You Need to Know **R**

Main Branch
Wednesday, March 6 @ 10:00-11:00am

The Government of Canada offers many benefits, programs and services to help support residents at every stage of their lives, whether new to the country or having always lived in Canada. This session will provide a general overview of Canadian public pensions, EI benefits as well as supports for families and caregivers.

DRUM for Seniors **R**

Seaway Mall Branch
Thursday, March 7 @ 1:30-2:30pm

DRUM is a unique combination of drumming (the DRUM) and meditation (the OM) to energize, relieve stress, bring clarity and calm – all while having fun drumming on an exercise ball or tables and chairs. Presented by Therapy Moving Forward. Fee: \$2/person.



PAWS Therapy Dogs **D**

Seaway Mall Branch
Saturday, March 9 @ 10:00-11:30am

Dogs from Therapeutic Paws of Canada (TPOC) will visit the library this March! Read with TPOC certified dogs, who help to provide stress relief and comfort; they do love a good book!

What is a Registered Disability Savings Plan? **R**

Seaway Mall Branch
Wednesday, March 13 @ 6:00pm

Lance Wiebe from Desjardins Security will dive into the Registered Disability Savings Plan and how it can help create long term savings for individuals who are receiving the Disability Tax Credit or those not sure if they qualify.



Pop-up Produce Market **D**

Diamond Trail Branch
Thursday, March 14 @ 5:00-7:00pm
Main Branch,
Monday, March 25 @ 1:00-3:00pm



Fresh produce will be available at Pop-Up Markets at the Main and Diamond Trail Branches. No set prices, pay what you can! Please bring your own bag.

Adult Craft Night-Butterfly Wreaths **R**

Seaway Mall Branch
Monday, March 18 @ 6:00-7:30pm

An easy to make project that is perfect for those of us that are wishing for spring!



Meditation/Journaling with Marcia **R**

Seaway Mall Branch
Tuesday, March 19 @ 1:00-2:00pm

Meditation and journaling are two beneficial relaxation practices. When combined, these practices can be especially effective in cultivating mindfulness, reducing stress, and promoting overall well-being. Please bring a journal and a pen. Fee \$5.00/person.

Learn the Basics of Fascial Stretching with Jasmyne **R**

Seaway Mall Branch
Tuesday, March 19 @ 6:00-7:00pm

Learn the basics of Fascial Stretch Therapy (FST) with a certified FST Therapist. FST is a neuromyofascial manual therapy that focuses on the connective tissue system rather than isolated muscle treatment. Bring a mat and dress comfortably!



Preschool Speech and Language **D**

Main Branch
Thursday, March 21 @ 10:00-11:00am



Would you like to learn more about how you can support your child's language development at home? In this workshop we will discuss preschool and school aged language development. A registered Speech Language Pathologist will also provide you with activities and suggestions on how you can work on these skills at home!

BOOKS

Author Talk: Bruce Kirkby

Hybrid - Seaway Mall Branch and Zoom
Saturday, March 23 @ 2:00-3:00pm

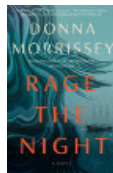
Bruce Kirkby is a widely recognized adventurer, writer, photographer, speaker, and paddleboard athlete. Bruce will discuss his book *Blue Sky Kingdom*, an engaging travel memoir where Bruce, his wife Christine, and their young sons Bodi and Taj set off on an amazing six-month journey living in a remote Buddhist monastery high in the Himalayas.



Afternoon Book Club

Seaway Mall
Thursday, March 28 @ 2:00-3:00pm

We will be discussing the novel *Rage The Night* by Donna Morrissey. This is an intimate story of one man's quest to discover the truth of his birth and a fascinating account of a true 1914 Newfoundland tragedy.



TAX CLINICS

Tax Clinics

All Branches

WPL will be hosting Income Tax Clinics for people living on low and fixed incomes starting Monday, February 26, 2024, until the end of April 2024. Clinics will be conducted by volunteers from the CRA Volunteer Tax Service and will be held in-person at the Main and Seaway Mall branches as well as drop-off/pick-up services at all branches. All clinics will be by appointment only. The library will begin taking appointments starting Monday, February 5, 2024. To book your appointment, please call 905-734-6210.



ONGOING ADULT ACTIVITIES

Adult Craft Kits 	Tuesday, March 5	All Branches	While Supplies Last
Knitting Club 	Wednesdays, starting March 6	Main	6:00pm - 7:30pm
Scrabble Club 	Thursdays, starting March 7	Seaway Mall	1:00pm - 2:30pm
Scrabble Club 	Mondays, starting March 4	Main	1:30pm - 2:30pm
Adult Chess Club 	Tuesdays, starting March 5	Diamond Trail	6:00pm - 7:30pm
Adult Chess Club 	Wednesdays, starting March 6	Seaway Mall	10:00am - 12:00pm
Painting With Jane (\$5) 	Thursday, March 14	Seaway Mall	6:00pm - 7:45pm
Watercolor With Robin (\$5) 	Tuesday, March 26	Seaway Mall	6:00pm - 7:45pm
Writer's Group 	Wednesdays, March 6 and 20	Main	6:00pm - 7:30 pm
Hospice Niagara Grief Walk 	Fridays, March 8 and 22 (Register with Hospice Niagara @ 905-984-8766 ext. 233)	Seaway Mall	11:00am-11:45am
Group Exercise Program for Older Adults (60+) 	Fridays, starting March 1 (Register with Niagara Region @ 905-984-2621)	Seaway Mall	1:00pm -2:00pm OR 2:30pm - 3:30pm

REGISTER AT WWW.WELLANDLIBRARY.CA - 

DROP-IN - 

LIBRARY CLOSURES

Friday, March 29th - Good Friday

Sunday, March 31st - Easter Sunday

Monday, April 1st - Easter Monday

Main Branch

50 The Boardwalk
Welland, ON L3B 6J1
905-734-6210 ext. 2521

Hours

Monday 9 am - 8 pm
Tuesday 9 am - 8 pm
Wednesday 9 am - 8 pm
Thursday 9 am - 8 pm
Friday 9 am - 6 pm
Saturday 9 am - 5 pm
Sunday 1 pm - 5 pm

Diamond Trail Branch

315 Southworth Street
Welland, ON L3B 1Z8
905-734-6210 ext. 2501

Hours

Monday 4 pm-8 pm
Tuesday 4 pm-8 pm
Wednesday 4 pm-8 pm
Thursday 4 pm-8 pm
Friday Closed
Saturday 11 am - 3 pm
Sunday Closed

Seaway Mall Branch

800 Niagara St.
Welland, ON L3C 5Z4
905-734-6210 ext. 2518

Hours

Monday 9am - 8pm
Tuesday 9am - 8pm
Wednesday 9am - 8pm
Thursday 9am - 8pm
Friday 9am - 5pm
Saturday 9am - 5pm
Sunday Closed