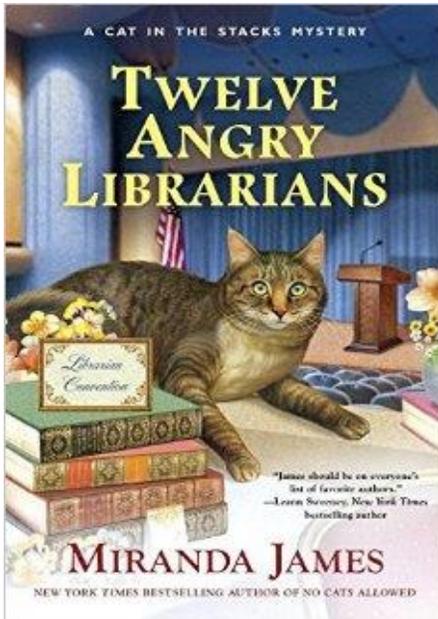


For Saturday, April 22, 2017

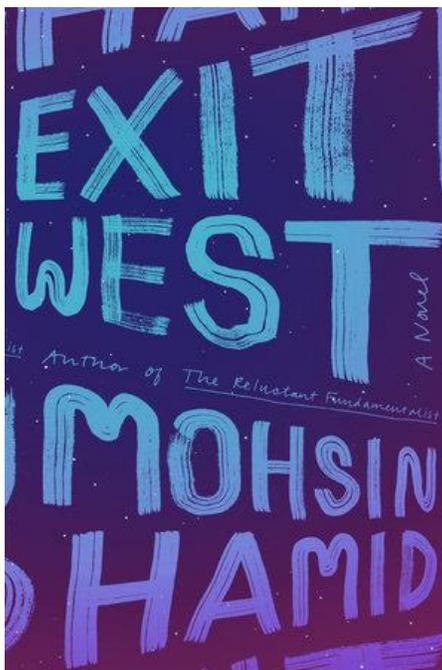
At the Library

New books recently received at the Welland Public Library:



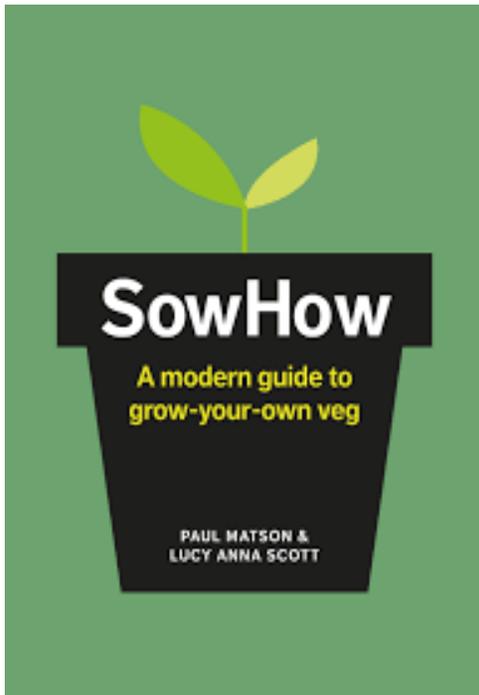
Twelve Angry Librarians by Miranda James

As with previous books in the series, this is another murder mystery that will literally keep you guessing until the end. An old enemy from Charlie's past has turned up and is planning to apply for the library director's job that Charlie is occupying as an interim manager. At the same time, a library conference has brought together old friends and acquaintances. A dramatic sudden death at the conference gets Charlie back in harness as an amateur detective. He cannot resist investigating and takes steps to uncover the guilty party. The lives of Charlie's family, his co-workers, and his feline sidekick Diesel are every bit as important as the mystery. The author offers plenty of potential murder suspects and interesting twists and turns.



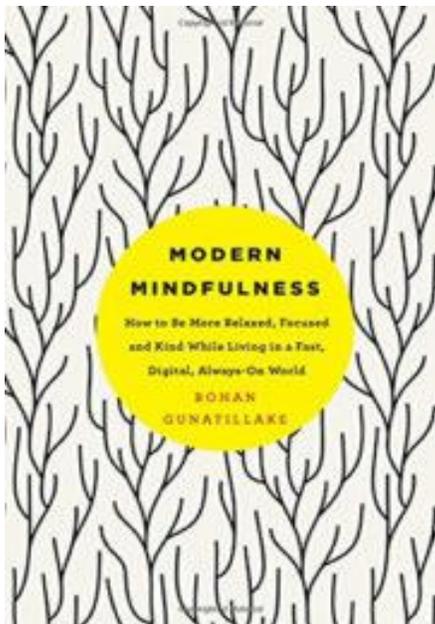
Exit West by Mohsin Hamid

Refugees from the Middle East are fleeing an existence that most of us cannot even begin to imagine: violence at every turn, weekly bombs and raids, scrambling for food, for water, for existence. At what point do you decide to go and leave everything behind? To exit west in search of something more? Saeed and Nadia meet, date, and fall in love in the midst of a war-torn unnamed middle eastern country. They live their lives the best they can, confiding with each other late at night in the dark. And, when the violence becomes too much, they seek out the mysterious "doors" around the city they believe will transport them to someplace new. Hamid offers a humanizing view of refugees with dreams and hopes crushed by war and forced to flee everything they hold dear to survive.



Sow How by Paul Matson & Lucy Scott

With its fresh, bright design and clear-cut know-how, this clever little book provides all the expert advice and encouragement you need to get growing. You'll find entries on 30 easy-grow vegetables to sow throughout the seasons, from kale to beans and carrots to melons, plus ideas for herbs and edible flowers. Authors Matson and Scott break down the key steps of sowing, planting and harvesting each featured vegetable into understandable sections using straightforward language and smart infographics. Plus, helpful start-up advice covering everything from necessary garden tools and crop rotations, to simple compost methods and details on mulches, will make you a pro in no time. So whether you are looking to fill a garden or a patio pot, get going and grow with SowHow.



Modern Mindfulness by Rohan Gunatillake

Where some may believe that mindfulness may be too impractical or difficult to achieve, Gunatillake offers simple activities that can be done on the move, encourages readers to remain in the present moment, and offers tips and ideas to create personalized techniques. He outlines methods that don't require quiet or closed eyes or even stillness. Exercises you can do while walking, commuting, and sitting at your computer, and core techniques that start with simpler, easier to follow topics and move through more complex ideas. Modern life can be very hectic but there are many moments we can leverage to get back in touch with our body and mind.